Adult Tennis Fall 2025



Get Fit, Stay Healthy, Be Active!

Adult Tennis Pathway Sessions

Fall 1 (8 weeks)

Tues, Sept 2 - Sun, Oct 26 Mon Classes: Pro-rated to 7 weeks

Fall 2 (8 weeks)

Mon, Oct 27 - Sun, Dec 21 (omit Oct 31 and Nov 26 - 30)

Fri Classes: Pro-rated to 6 weeks

Wed and Sun Classes: Pro-rated to 7 weeks

Mon Classes: 8 weeks with no proration

Adult Tennis Pathway

Learn to play and enjoy the sport of a lifetime. If you are already a player, continue to improve your game by taking a Tennis Clinic, Please call Member Services at 248,735,8850 ext. 112 or email nacregisternow@gmail.com to register.

Tennis Fundamentals

One hour class. Instruction and drills designed to learn the fundamentals of every stroke.

1.5-2.0 Players - Has none or limited tennis experience. Working on primarily getting the ball in play when delivered from the tennis professional.

11:30 am-12:30 pm

Sun 6:30-7:30 pm Cost 1.5-2.0 (per 8 weeks) **Program Member** \$178 **Fitness Member** \$170 All makeups are based on availability and are not guaranteed. No refunds are provided for

missed classes.

Tennis Skill Development and Point Play

One and a half hour class. Skill development using drills at a faster pace along with games involving point play.

2.5 Player - Player can sustain a slow rally with other players of the same ability. Starting to be able to serve to get a point started. Considered an advanced beginner level player.

Mon	6:30-8:00 pm	
Wed or Sun	11:00 am-12:30 pm	
Fri	12:30-2:00 pm	

Cost 2.5 (per 8 weeks)	
Program Member	\$254
Fitness Member	\$246

2.75-3.0 Players - Fairly consistent with medium paced shots. Comfortable serving in all situations and is starting to direct shots to specific areas of the court. Has some experience with competition and scoring. Considered an intermediate level player.

Mon	6:30-8:00 pm	
Wed	11:00 am-12:30 pm	
Fri	12:30-2:00 pm	
Sun	7:30-9:00 pm	

Cost 2.75-3.0 (per 8 weeks)

Program Member \$254 **Fitness Member** \$246

NEW! Adult Organized Practice and Match Competition

Are you new to leagues and interested in the format? Do you want more practice playing matches and keeping score in a competitive environment?

We are now offering the best of both worlds where participants will receive thirty minutes of drills combined with an hour of pro supervised singles and doubles play with standings and rankings similar to a league.

3.0 - 3.5 Singles

Mon 9:30-11:00 am

Cost 3.0-3.5 Singles (per 8 weeks)	
Program Member	\$254
Fitness Member	\$246

3.0 - 3.5 Doubles

Fitness Member

Tues 11:00 am-12:30 pm

Cost 3.0-3.5 Doubles (per 8 weeks) **Program Member**

\$254 \$246



Come join us for a weekly practice session of drills and point play directed by our Tennis Professionals. Practices are for both men and women. Please call Member Services at 248.735.8850, ext. 112 or email nacregisternow@gmail.com for more information.

Suburban League

Please call Member Services at 248.735.8850, ext. 112 or email nacregisternow@gmail.com for more information.

Permanent Court Time

If you are interested in guaranteed court time each week, this is the program for you! Groups choose their desired day/time, players, and duration of play. This program runs September through mid-May. Reservations are based on availability. Please email nacpct@gmail.com to make your request.

In House Tennis Leagues

If you are interested in joining one of our in house tennis leagues, please send an email to tscnovitennis@gmail.com.

Private Lessons

If you want to work on your game, try private and semi-private instruction from the best tennis staff in Michigan.

Semi-private instruction add \$5.00 per hour.

Marimar Alonso, Gino McCathney, Keith Morrison, Jayson Torres, Donavon Mitchell **Program Members** \$120

Fitness Members \$115

Adam Bottorff, John Hale, Brenda Lionas, Robbie Risdon, Anthony Van den Bossche **Program Members** \$117

Fitness Members \$112

Hans Akan, Todd Beyer, Jake Lachowicz, Nikola Nikolov

Program Members \$112 **Fitness Members** \$107

Rohan De Silva, Mike Detizio, Steve Raymond, Rebecca Tasich, Ryan Okonski, Marquette Winston

Program Members \$109 **Fitness Members**

Call 248.735.8850 - Ext.112 or email at nacregisternow@gmail.com

42500 Nick Lidstrom Drive Novi, Michigan 48375 • nacgetfit.com

